

ASHFORD TOWN (MIDDLESEX) FOOTBALL CLUB

UNDER 18s YOUTH TEAM 2010-2011



“Developing talented Under 16’s and Under 17s players to be a part of the Under 18’s Youth team and Reserves at Ashford Town”

Under 18s Youth Team

Introduction

The Ashford Town (Middx) F.C Under 18s Youth Team are a thriving and successful part of the senior section. The club provides natural progression to the Reserves and First team.

Ashford Town (Middx) F.C Under 18s Youth Team is a striving and valuable asset to the club's first team, with high calibre players being attracted to the club's youth development policies.

For the past three seasons, the Youth team has been extremely successful, winning the Southern Youth League two years running in 07/08 and 08/09 beating Woking FC to the league title both years and this 09/10 season finishing a fantastic runners-up in our first season in the Ryman Youth League.



With five of last season's Youth team gaining first team experience and all players gaining Reserve team experience, the club strives itself on a natural progression, where players are continually monitored on their development and have a realistic aim of gaining semi professional football.

Why think about signing for Ashford Town (Middx) FC

Information about the setup of our 2010/2011 season

The Under 18s Youth Team will be once again in the Ryman Youth League, playing in the strongest division, competing against teams such as Woking FC, Hayes & Yeading, Staines Town and Hampton & Richmond.

Ben Murray is also pleased to be running the Reserve team, that can only assist our aims of bridging the age and physical gap between the Youth and the 1st Team.

Allowing Youth players to play alongside 1st team players who may not be getting opportunities for whatever reason at the time, whilst also helping to provide football to 1st Team players who may for whatever reason not be playing sufficient 1st Team football.

The Reserve team will be playing in the Capital League.

How to be involved in the squad for 2010/2011?

Contact: Ben Murray (Under 18s and Reserve Team Manager) :

Email: development@ashfordtownmiddlesexfc.com or
muzzer2@hotmail.com

Mobile: 07903 781121

Trial dates to be Tuesday 15th June and Thursday 17th June

We strive on Individual and Team Development

All players in the Under 18s Youth team are placed onto a Individual Development Programme (IDP), that is designed to monitor the progress of each player within the squad. The six areas of the IDP are Attitude + Personality, Intelligence, Technique, Speed, Fitness and Effectiveness. All players then have meetings every three months with management to discuss progress, with training sessions tailored to aid Individual Development.



Information about training...

We will be training for four hours a week, with our facilities at Ashford Town and also outside 3G training facilities for the winter months.

Training nights will be Monday and Thursday (subject to change), with matches taking place on Wednesday.

This season we have a Sports Scientist joining our coaching team, who will be monitoring players fitness levels throughout the season.